

## Principal's Update



**Sara Jacobs**  
Principal



Dear Parents and Carers,

As we reach the end of the Spring Term, I would like to say thank you for your continued support in ensuring our key messages are being reinforced at home. We have a lot to be proud of at Clyst Vale: we have committed and skilled staff; a spacious College environment; supportive families and most importantly amazing students who are committed to making the most of their time at the College. We have worked hard this year to focus on the positives and I am looking forward to attending the celebration assemblies at the start of next term to acknowledge and applaud student achievement this term. Another highlight will be the upcoming Sports Swards Evening for students from years 9 - 11, which for the first time will also be open to parents of Year 11 students.

At Clyst Vale, we actively encourage students to engage in fundraising for charity as it fosters a sense of social responsibility and encourages reflection on the needs of others. This ethos is exemplified through events like cake sales and non-uniform days, where student voice helps decide which charities we'll support each year. Today, we are delighted to announce that our non-uniform day has raised significant funds for a local charity, Devon Air Ambulance, thanks to your generous voluntary contributions. Furthermore, as we conclude the Spring Term, our Year 8 students have organised a successful fundraiser for FORCE Cancer Charity. This year, they expanded on 'Project Creme Egg' by introducing various activities such as a cake sale, penalty shootout competition, and even soaking teachers with sponges. I extend my sincere thanks to all involved, particularly the Year 8 students, Mrs Nash and Mr Thomas for their dedication and organisation of this event.

Finally, whilst I don't wish to end the Term on a negative, I feel it is important that I share with you our concerns regarding the inappropriate use of social media, in particular cyber-bullying and ask you to spend some time this holiday discussing the importance of responsible online behaviour. Whilst we continue to educate students on online safety and appropriate use of online technology it is important they are also being supported by parents/carers to develop healthy digital habits so they can both stay safe and also thrive in the digital age. If you would like more support and guidance on this please refer to the College website which contains useful information as well as a regular monthly E-Safety newsletter aimed at helping parents stay aware of the latest issues and concerns that social media and online life might pose.

<https://www.clystvale.org/safeguarding/onlinesafety/>

I wish you an enjoyable Easter break.

Best wishes

Sara Jacobs, Principal

## Y8 fundraising for Force cancer charity:

Y8 have been fundraising over the last two weeks for Force cancer charity and have managed to raise £316.01 so far. Students across the college had the opportunity to take part in the following events to raise money:

- Project Crème Egg again – Guess how many eggs were in the jar and win the jar! Congratulations to Daisy who won. We had four correct guesses but Daisy won on a lucky dip. A special mention to Tabi Hall who designed our poster.
- Penalty shoot out – A big thank you to Mr Arthur, Mr Pearce, Mr Stapleton and Mr Sutton who went up against the students in goal and a special thank you Kyle Down in 10GDH who stepped in too.
- Sponge the teachers – Our most popular event, a big thank you to Mr Bailey, Mr Fleming, Mr Gardiner, Mr Powell, Mr Thomas, Mr Stapleton and Miss Watt who volunteered. Thank you also to the students who came to help us set that up.
- Cake sale – Many students baked cakes and contributed along with members of staff so a big thank you there as well. Thank you to Leona, Connor, Miss Hall, Mrs Padden, Ms Jenkins and Mr Thomas who all made cake.

A special mention to the following students who really stepped up and took part in supporting the activities: Will, Will, Will Aston, Megan, Daniel, Henry, Ollie, Harrison, Sam, Joe, Connor, Vicky, Halle, Laila, Jess, Darcy, Leona, Olivia, Freya and Layla. Thank you to Year 10 students, Millie, Ollie, Nadia, Camyiah and Libby. A further special mention to 8GMN who counted the money every day to see our totals. Finally, a big thank you to all staff who took part and those who helped supervise the events.



# News from Post 16, Student Achievements and Key Dates

Interviews for our Year 11 students wishing to join Post 16 have now concluded; they have been extremely positive! Offer letters, along with copies of our Options Blocks, will be going out to students imminently. Some students have gone away to think/talk with family about their options. We will wait to hear back from these students about their subject choices before issuing their offer letters. If students or parents & carers have any questions in the meantime, please do not hesitate to get in touch.

On Wednesday afternoon, all Post 16 students joined our termly celebration assembly, with an egg-citing prize raffle for those students with 100% attendance, commendations from teachers, in excess of 80 praise points – or who have been nominated this term as Student of the Week. Miss Haynes handed out Easter eggs, vouchers for treats in the Café, and Amazon gift cards up to a value of £25 for first prize! We would like to thank local businesses Saddles & Paddles and Exeter Phoenix for donating vouchers for this raffle – these prizes were very much appreciated.

We would like to publicly congratulate Charlie Harrison (13AT) who, after travelling to Cambridge on Monday last week, was thrilled to receive some brilliant news. Charlie has already been offered a place to study Mathematics at Queen's College, Cambridge from September – and now, following audition, he has also been offered a place in the Queen's College choir! This is fabulous news and we wish Charlie all the very best of luck.

Sending good wishes to all Post 16 students for a fabulous spring break – with the right balance of rest and revision! We look forward to seeing everyone back in school on Tuesday 16th April.

## Devon Cup Final here we come!



Savannah and her rugby team Crediton U16s girls are through to the Devon cup final! They won every game in their pool also winning bonus point in every match. On their way to the final, they played.

Bideford;  
Exeter Saracens;  
Kingsbridge; and  
Newton Abbot

Savannah plays number 3 tight head prop in rugby and in her last 3 games (friendlies) she's scored 8 tries, getting a hat-trick in 2 games!

## Take a Bow



Twenty of the best UK dance schools will be performing at Sadler's Wells Theatre, West End, London during the Easter holiday. Leona Whitfield in year 8, will be taking to the stage with the Richard Dale Theatre School.

Good luck Leona and enjoy!

## What's on w/c 15 April

Monday 15 April - Non Pupil Day  
Tuesday 16 April—Students Return  
18 April—Sports Award Evening  
Friday 19 April—Clyst Got Talent  
20 & 21 April Ten Tors Weekend Camp

## Key Dates for Summer Term

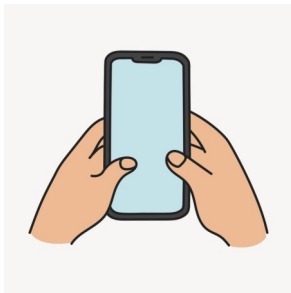
27 to 31 May —Summer Half Term  
24 July—Summer Holiday Begins

## Year 7 Parents' Evening 16th May 2024



We are pleased to inform you that you will shortly be able to book an appointment with subject teachers to discuss your child's academic progress. Meetings with teachers are held virtually and accessible through [cvcc.schoolcloud.co.uk](https://cvcc.schoolcloud.co.uk). If you would like an appointment please book this using our online system, if you require any support please contact Pam Grant, Student Services Co-Ordinator, [studentservices@clystvale.org](mailto:studentservices@clystvale.org) or 01392 463910. Please note you will be notified that you are able to make an appointment via email, please do not attempt to book before this time as you will not be able to do so. There is an option for more than one parent to virtually join the same meeting, this has been very successful. Some Year 7 teachers have more than one class and slots can be limited, so please be mindful of not booking the same teacher for more than one subject. Meeting slots are for 5 minutes.

## Mobile Phones



Please can you remind your child/ children that mobile phones are not allowed to be used on the College grounds. Before students come through the gates their phones must be turned off and stored in their bags. When leaving the College at the end of the day, they cannot use their phones until they are again through the gates. Children seen using their phones on site will have their phones confiscated. If this is at the end of the day, they will be confiscated the following school day for the mobile phone policy to be actioned.

First confiscation- the student will be able to pick the mobile phone up from Student Services.

Second confiscation- the parent/ guardian will be required to come to reception to collect the phone from Student Services.

Third confiscation- the parent/ guardian will be invited to attend a meeting with the relevant Head of Year and discuss the length of the mobile phone ban.

Thank you for your continuing support.



The winner of the 'Redesign the front cover of your favourite book' competition is... **CLEO SYMONS!**

Well done, Cleo.

Cleo included title of the book, the author and then completely redesigned the front cover!

## BICTON COLLEGE - UPCOMING EVENT



**Open Day – (Bicton) April 20th:** Our final Open Day of this academic year is scheduled for April 20th. This event welcomes individuals of all ages to explore our campus, engage with curriculum coordinators, and discover the range of support services available. It's an excellent opportunity for both students and their carers/parents to get a feel for our facilities and ask any questions they may have.

**Taster Day – (Bicton) May 29th:** On May 29th, from 9:30am to 3:30pm, we're hosting our last Taster Day of the academic year. This event is tailored for students aged 14 to 16, offering them a hands-on experience with our courses. It's a chance for them to delve into a subject of interest and get a taste of what our college has to offer.

**Open Day – (Duchy Stoke) 17th April:** Our final Open Day of this academic year is scheduled for April 20th. This event welcomes individuals of all ages to explore our campus, engage with curriculum coordinators, and discover the range of support services available. It's an excellent opportunity for both students and their carers/parents to get a feel for our facilities and ask any questions they may have.

**Taster Day – (Duchy Stoke):** On 28th May, from 9:30am to 3:30pm, we're hosting our last Taster Day of the academic year. This event is tailored for students aged 14 to 16, offering them a hands-on experience with our courses. It's a chance for them to delve into a subject of interest and get a taste of what our college has to offer.

**Military and Protective Service Work Experience Week at Bicton College - July 1st to July 3rd:** Our highly sought-after Military and Protective Service work experience week is scheduled from July 1st to July 3rd, running from 9:30am to 4:00pm daily. Due to its popularity, participation is limited and will be allocated on a first-come, first-served basis. To secure your spot, please complete the work experience application and send it to Michelle at [michelle.riddell@cornwall.ac.uk](mailto:michelle.riddell@cornwall.ac.uk).

And finally our Careers Fest on the 20th June. For those who emailed me back an enquiry form please could you email me the students booking form when you get a chance as some of the areas have limited spaces.

These events are fantastic opportunities for students to explore their interests, gain valuable insights, and make informed decisions about their future education and career paths.






If you have any questions or require further information about any of the events mentioned above, please contact Bicton College directly:

0330 123 4782 / [customer.services@bicton.ac.uk](mailto:customer.services@bicton.ac.uk)

## University of Plymouth, School of Biomedical Sciences would like to invite pupils in Years 11-13 to their upcoming Open days in 2024

University of Plymouth Open Days 2024: 27<sup>th</sup> April & 19<sup>th</sup> June - Register here:



School of Biomedical Sciences: <a href="https://www.plymouth.ac.uk/schools/biomedical-sciences">https://www.plymouth.ac.uk/schools/biomedical-sciences</a>			
Programme	Details	Careers	Further Information
<b>BSc (Hons) Biomedical Science</b>  	IBMS accredited course underpinning the scientific basis of human health, disease and therapeutics, with new developments informing clinical and diagnostic practice. Subject specific modules in cell pathology, immunology and immunity, haematology and microbiology with a Research honours project in final year. In Year 2 students have the option to complete a Year long placement in the NHS or Industry. Those completing placement within the NHS and the professional portfolio will be transferred to the <b>BSc Hons Applied Biomedical Science</b> Programme (IBMS and HCPC accredited) for registration within the profession as a 'Biomedical Scientist'.	NHS Biomedical Scientist Industry / Pharma MSc, PhD Teaching Science Communication & Policy	<a href="https://www.plymouth.ac.uk/courses/undergraduate/bsc-biomedical-science">https://www.plymouth.ac.uk/courses/undergraduate/bsc-biomedical-science</a>
<b>BSc (Hons) Clinical Physiology</b> Healthcare Sciences Practitioner Training Programme (Cardiac Science)  	A four year professional training programme with integrated placement year (YR3) in NHS practice. A degree with the underpinnings of cardiac physiology, diagnostic measurement in health and disease and invasive cardiology. Students will train to become a Healthcare Scientist / Cardiac Physiologist within cardiology and will be involved in diagnostic service provision including: ECG, Exercise Stress testing, ECG analysis, Echocardiography, ambulatory BP, Pacemaker implantation and follow-up and invasive cardiology. Trainees will work towards competency in ECG and analytics in YR1 and 2, moving to complex and specialist investigations within placement year and final year, completing an honours research project in a specialist area. Please see Modernising Scientific Careers framework from degree to consultant level <a href="https://www.ahcs.ac.uk/equivalence/career-framework-for-healthcare-scientists/">https://www.ahcs.ac.uk/equivalence/career-framework-for-healthcare-scientists/</a>	Healthcare Scientist Clinical Physiologist Scientist Training Programme (MSc) MSc, PhD Private Sector / Industry Teaching	<a href="https://www.plymouth.ac.uk/courses/undergraduate/bsc-clinical-physiology">https://www.plymouth.ac.uk/courses/undergraduate/bsc-clinical-physiology</a>
<b>BSc (Hons) Nutrition, Exercise &amp; Health</b> 	Association for Nutrition accredited course in the underpinnings of human health, exercise and nutrition. Students will train toward professional competence in practical skills, critical awareness and proficiency for working in public health careers. Nutritionists work with clients to improve their health, control their weight or to improve their sports performance. Core subject areas involve health and disease associations with diet, exercise and public / population health. Students will study specialist modules in nutritional science, exercise science, athletic and sport performance, physical activity, nutrition and public health. Final year students will complete an honours research project in a specialist area of their choice.	Public Health Nutritionist Industry Sports Health MSc, PhD Teaching	<a href="https://www.plymouth.ac.uk/courses/undergraduate/bsc-nutrition-exercise-and-health">https://www.plymouth.ac.uk/courses/undergraduate/bsc-nutrition-exercise-and-health</a>
<b>BSc (Hons) Human Biosciences</b>	A 3 year degree underpinning the scientific basis of human health and disease alongside health psychology and cognitive behaviour. Subject specific modules in genetic diversity, cell biology, infection and immunity, physiology and diagnostic methods. In Year 3 students will have an option to complete a year in an industrial placement to gain valuable experience. Students will study specialist modules from a suite of modules including clinical microbiology, immunity neurobiology, genetics, reproduction, psychology, or diet, exercise and chronic disease. Final Year students will complete an honours research project in a specialist area of their choice.	Medical Laboratories/ Industry / Pharma Health Counselling Health Product Research MSc, PhD Teaching Science Communication & Policy	<a href="https://www.plymouth.ac.uk/courses/undergraduate/bsc-human-biosciences">https://www.plymouth.ac.uk/courses/undergraduate/bsc-human-biosciences</a>
<b>BSc (Hons) Biomedical Science with Integrated Foundation Year</b>	The foundation course is carefully designed to develop student confidence with a blend of subject specific knowledge aligned with academic learning skills essential for success. Core modules explore key aspects of human anatomy, physiology, infection and immunity, genetics, molecular and cellular biology, interdisciplinary practice and study and mathematical skills. Successful completion of the Foundation year enables access to all School degrees detailed above.	Entry to all School programmes above	<a href="https://www.plymouth.ac.uk/courses/undergraduate/bsc-biomedical-science-with-foundation-year">https://www.plymouth.ac.uk/courses/undergraduate/bsc-biomedical-science-with-foundation-year</a>

**Looking to start or change your career?**

**OPEN DAY**  
*Invitation*

Come along to our Open Day on  
**Wednesday 1<sup>st</sup> May 2024**  
4.00pm until 6.00pm

**Plumbing**

**Hairdressing, Barbering & Beauty**

**Business Sectors & Retail**

**Construction**

**Electrical**

**Adult Skills / Free Courses For Jobs**

**Commercial**

**PGL**  
Your Professional Training Company

**TRAINING TOMORROW'S**  
**WORKFORCE**  
**TODAY**

Find out about our Apprenticeships, Traineeships and industry specific courses. Try for yourself with tasters from plumbing to retail. Talk to our experienced team, look around and find out what we have on offer. All welcome— school/college leavers, parents, employers, advisers and adults wanting to retrain. Easy access to the centre— just a 10 minute walk from Newcourt Train Station. Free refreshments and ample free parking on site.

For more information contact Alberto Pitocci  
01393 433973  
www.pgltraining.com  
Alberto.pitocci@pgltraining.com  
PGL Training, Clyn Works, Clyn Road, Exeter, EX3 0DB

 [facebook.com/pgltraining](https://www.facebook.com/pgltraining)

**South West Junior Chef of the Year 2024**

**20 YEAR ANNIVERSARY**

**Your chance to win the Junior Chef title in your county and compete for the overall South West Junior Chef of the Year 2024**

Entries are open to cooks aged 11-16. Simply send us your recipe for a main course dish to serve two, using principally locally grown and produced ingredients.

Selected entrants will be invited to prepare their dish in 90 minutes for our judges in their own county initially and each of the county winners will then compete at the South West final in October. To help finalists to prepare for the South West final, they will receive advice and mentoring from one of our judges, enabling them to learn new skills and experience life in a working kitchen.

You will find further details and the entry form at [www.southwestchef.co.uk/the-competition/junior-chef](http://www.southwestchef.co.uk/the-competition/junior-chef)

**County finals**

**Wiltshire**  
Monday 17th June, Wiltshire College, Trowbridge

**Dorset**  
Monday 24th June, Weymouth College

**Somerset**  
Tuesday 25th June, Bridgwater & Taunton College, Taunton

**Devon**  
Wednesday 26th June, Exeter College

**Cornwall**  
Friday 28th June, Cornwall College, Camborne

**Gloucestershire**  
Wednesday 3rd July, Gloucestershire College, Cheltenham

**Entry closing date: Tuesday 21st May 2024**

The South West Junior Chef final will be held at Exeter College, Devon, on Saturday 5th October 2024. Competitors must be aged 11-16 and still at school in year 11 or below on the date of the South West final.

Thanks to our partnership with Springboard FutureChef, our South West Finalists will be invited to take part in the FutureChef regional final to compete for a place in the national final.



For more information and to submit your entry visit:  
[www.southwestchef.co.uk](http://www.southwestchef.co.uk)  
Email: [info@southwestchef.co.uk](mailto:info@southwestchef.co.uk) Tel: 07970 518756  
[@SWChefComp](https://twitter.com/SWChefComp) [swchefcomp](https://www.instagram.com/swchefcomp) [southwestchef](https://www.facebook.com/southwestchef)

Lead sponsor: 

**SOUTH WEST CHEF OF THE YEAR 2024**  
**20 YEAR ANNIVERSARY**

**Job of the Week**

These are provided through the MYPATH careers webpage.

**JOURNALIST**

There are many types of journalist. This video focusses on the job of a Broadcast Journalist!

A Broadcast Journalist researches, investigates and presents news and other content for television.

Broadcast Journalists try to present information in a balanced and interesting way.

Starting salaries vary significantly but can range from £15000 to £24000.

**JOB OF THE WEEK 10**

**CLYST VALE COMMUNITY COLLEGE**

**2024** ★

**SPORTS AWARDS EVENING**

**Thursday 18th April**

★★

**6pm**  
**SCHOOL HALL**

**Invitation Only**

*Dress code: smart*

## Student of the Week

George Pearce 7GRTU 7GHE 7RER 7RGG 7YCBO Ollie Marshall 7YCFL	Hollie Walkey 8GMN Demi Searle 8GLT 8RDF 8RTMA Willow Pattison 8YGGGA Joshua Stamp 8YBH	Leo Bradley 9GCMC NP2N 9GDJ Inti Zumaran 9RBAT Brooke Humphreys 9RNS 9YMBR Milly Hookway 9YSWA
Year 7	Year 8	Year 9
Harry O'Donnell 10GABR Sam Cowie 10GDH NP2N 10RZB Aurelia Cassap 10RSGA Savannah Bailey 10YSS Lauren Shelton 10YADA	Samuel Hannaford 11GAW Florence Walker 11GGT Daisy Mitchell 11RMAH 11RCMO 11YDST 11YLH	Charlie Harrison 13AT
Year 10	Year 11	P16 Commendation



Each week our tutors are encouraged to recognise and reward one member of their tutor group for something outstanding. This could be an academic achievement, a demonstration of resilience or an act of kindness.



If you see a familiar name above then be sure to ask them what amazing thing they've done.

## Key Contact Information

**Reception: 01392 461407 Email: [admin@clystvale.org](mailto:admin@clystvale.org)**

Sara Jacobs	Principal	<a href="mailto:Jacobss@clystvale.org">Jacobss@clystvale.org</a>
Lisa Martin	Deputy Principal (Curriculum)	<a href="mailto:martinl@clystvale.org">martinl@clystvale.org</a>
Paul Sutton	Deputy Principal (Pastoral)	<a href="mailto:suttonp@clystvale.org">suttonp@clystvale.org</a>
Ann Hopkins	College Manager	<a href="mailto:hopkinsa@clystvale.org">hopkinsa@clystvale.org</a>
Allen Bailey	Assistant Principal	<a href="mailto:baileya@clystvale.org">baileya@clystvale.org</a>
Louise Telford	SENDCo & Assistant Principal	<a href="mailto:telfordl@clystvale.org">telfordl@clystvale.org</a>
Claire Haynes	Head of Post 16	<a href="mailto:haynesc@clystvale.org">haynesc@clystvale.org</a>
Lisa Jones	Early Help	<a href="mailto:jonesl1@clystvale.org">jonesl1@clystvale.org</a>



## Hospitality and Catering

*Catch up & revision sessions– Every Thursday lunchtime in IT1 starting after Easter.*

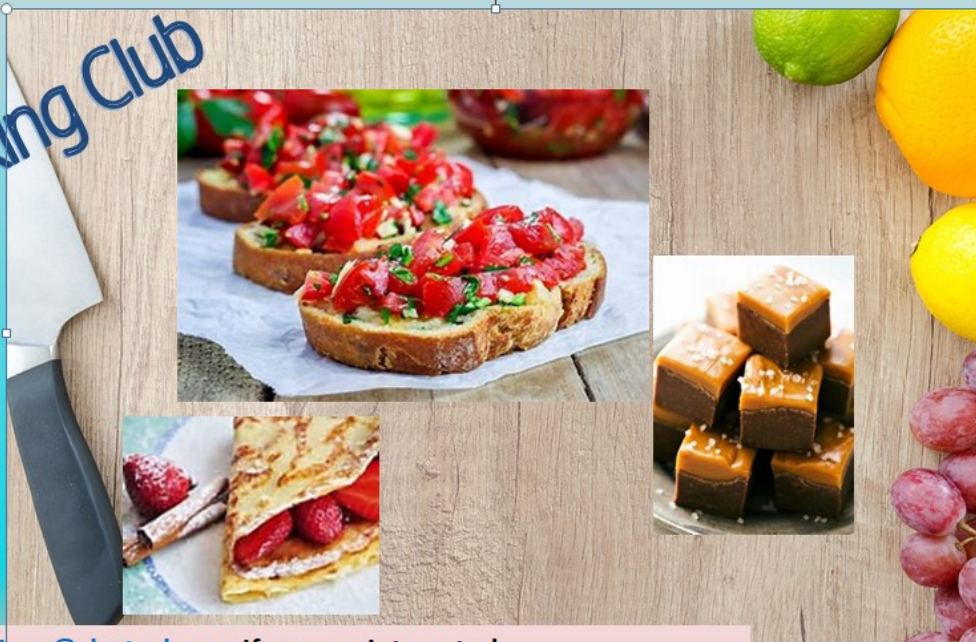
*Set tasks and activities, as well as opportunities to ask questions and work 1:1 and independently.*



- Help with lessons you've missed
- Revision on theory work
- Successfully evaluating your dishes
- Help with improving your own understanding of topics through own independent research
- Help with understanding the coursework criteria and how to make a success of it.

***Are you interested in making some fun and interesting dishes, desserts and treats? Are you creative and enjoy cooking and baking?***

**Cooking Club**



Email : [collinse@clystvale.org](mailto:collinse@clystvale.org) if you are interested.

Limited numbers. First come, first serve. Available to year 7 from February after half term ( 29th Feb) to the summer.

Every Thursday after school  
3:30 –4:30/5pm in DT3

# Attendance, Absence and Requests for Absence

## Reporting an Absence

Parents are expected to inform us of their child's absence before 9.00 a.m. on each day of absence providing the reason for absence. If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness. If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy. In addition, the College may ask you to provide medical proof if your child is absent from College due to illness.

## Lateness

The school day (first registration session) starts at 8.50 am, all students are expected to be in their classroom at this time.

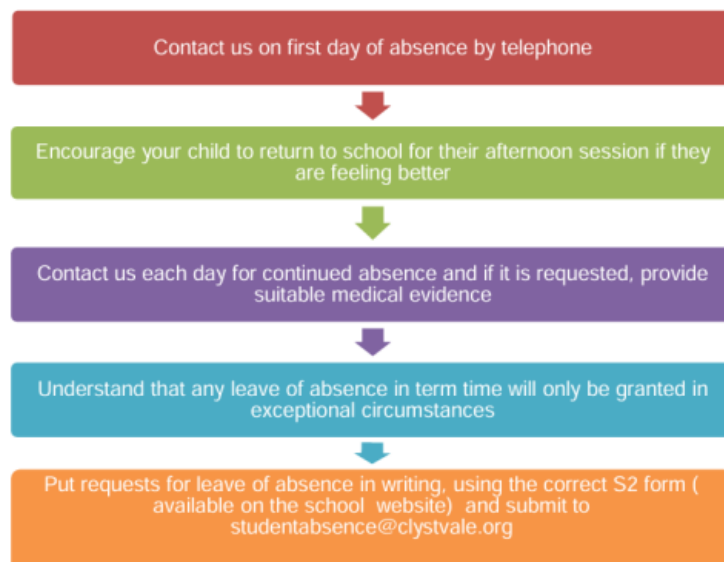
## Medical Appointments

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance. The timing of many medical appointments means that often students can attend school first and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. We ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment if they can.

Please give the school as much notice as possible, at least two weeks' notice is useful.

If the appointment requires the pupil to leave during the day, they must be signed out by an adult listed on the student's record at the main reception.

Please follow this process if your child is going to be absent from school:



### For Years 7 – 11 Absences

Sharon Leaman/Cath Prunty  
(Attendance Officers)

Direct line: 01392 463911

Email: [studentabsence@clystvale.org](mailto:studentabsence@clystvale.org)

### For Year 12 – 13 Absences

Sue Voysey

(Assistant to Head of Post 16)

Direct line: 01392 462697

Email: [voyseys@clystvale.org](mailto:voyseys@clystvale.org) and copy in Head of Sixth Form: [haynesc@clystvale.org](mailto:haynesc@clystvale.org)

## Online Safety Newsletter

April 2024

### Poppy Playtime

It is important that you are aware that whilst the name and characters suggest a playful game, it is a **survival horror game with graphics that may not be suitable for your child**. It includes characters such as 'Kissy Wissy' and 'Huggy Wuggy.' **Please view this game before allowing your child to play it as it may not be appropriate for them – particularly young children.**

Children may be playing the game or just watching videos of it on sites such as YouTube or playing replicated versions on Roblox for example.

#### Further information

Safer Schools NI have produced this informative:

<https://saferschoolsni.co.uk/huggy-wuggy-online-safety-review/>

### Talking to strangers online

There are many apps/websites where your child may come across strangers contacting them. Some platforms will allow you to set who can contact your child as well as switch off communication so ensure appropriate settings are explored and set up. This article from ThinkUKnow talks about how to protect your child from adult content and contact:

<https://www.thinkuknow.co.uk/parents/Concerned-about-your-child/Online-contact-and-staying-safe/>

### Cyberbullying

#### What is cyberbullying?

Cyberbullying is bullying online and can take many forms such as sending malicious messages, leaving nasty comments, excluding somebody from a group chat, blackmailing or setting up a fake profile. Cyberbullying can

take place across many different platforms such as WhatsApp, Snapchat and on games such as Roblox and Minecraft.



#### What should I do if my child is being bullied online?

If your child is being bullied, then try to stay calm and let them know that it is not their fault. It is always useful to keep evidence of any online bullying and inform their school so that they are aware. Show your child how to block and/or report any users/content and review their privacy settings to limit what others can see. You may also wish to set up any parental controls that are available.

#### Further information

There is a vast amount of information available online about cyberbullying. The following links provide further information on types of online bullying, how to support somebody who is being bullied and who you can contact if you need any further advice or support.

- <https://www.childnet.com/help-and-advice/online-bullying/>
- <https://www.nationalbullyinghelpline.co.uk/cyberbullying.html>
- <https://www.youngminds.org.uk/young-person/coping-with-life/bullying/>

### Group Chats

Group Chats are available on various messaging apps, social media apps and in some games. When your child is part of these groups, they may not know all the other members and it may even include people that they have previously blocked. Your child may come across inappropriate content and bullying can take place within these groups. Talk to your child about how they speak to others online and encourage them to talk to people online with kindness, like they would if they were face-to-face. The NSPCC provide further information about group chats here:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/social-media/chat-apps/>

## TikTok

### You must be over 13 years of age to use TikTok.

TikTok is a social media platform for sharing and watching short video clips. Some of the videos may not be appropriate for your child to view and there is also the risk of strangers contacting your child. If your child is using TikTok then make sure appropriate security/privacy settings are applied.

#### Account set up

As always, it is important that when setting up an account, your child enters their real date of birth as accounts are tailored by age e.g., direct Messaging is disabled for accounts aged 13-15. In addition, advertisements are tailored to their age. By default, accounts for people under 16 are set to private and we would recommend keeping it as this. This means your child must approve follower requests. You can read more about the other settings available, such as switching off comments and switching on restricted mode here: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings>.

#### Family Pairing

This allows you to link your own account to your child's account. You can then set controls such as restricted mode. You can find out more here: <https://www.tiktok.com/safety/en/guardians-guide/>

#### Inappropriate content, themes and challenges on TikTok

Whilst against TikTok's guidelines, explicit and inappropriate content can be found on this platform, for example nudity/sexual content and hate speech. We often see viral challenges on social media, some of which can be dangerous. If your child is using TikTok, chat to them regularly about what they are viewing.

#### Trends and Influencers

We often see trends on social media, for example a latest trend found is around skin care routines, which can lead to children purchasing products that are completely unsuitable/dangerous for their skin. You can find out more here: <https://www.bark.us/blog/skin-care-tweens/>. Influencers are people who have a large following on social media who through recommendations and promotions, influence the behavior or buying habits of others. The NSPCC discuss what we need to be aware of here: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/2023-05-16-the-influence-of-influencers/>

#### Stranger contact

Talk to your child about who is following them online and ensure that they understand that people may not be who they say they are when online. It is important that children know not to share personal information.

#### Blocking and Reporting

Ensure your child knows how to use the safety features available to them, including how to report comments, direct messages and another user.

#### Further information

- <https://parentzone.org.uk/article/tiktok>

## Online Challenges

Our children may not have developed the skills and ability to critically analyse all situations yet so **it is important to talk to your child about hoaxes and challenges** that may appear on the internet. Some challenges are fun and provide no risk, **however there will be challenges that are risky/dangerous**. Just recently, a child sadly died after participating in a challenge - more information here:

<https://inece.com/2024/03/19/dangerous-challenge-safeguarding-risks/>

Your child may see others complete certain challenges online without being harmed and therefore may want to repeat them and not consider the potential risks to themselves. Make sure they know that they should talk to you (or another trusted adult) about what they see online, particularly if they plan to try a challenge.

We would always advise that if your child has not heard about an online challenge, then do not draw attention to it as this may lead to them searching for it out of curiosity, so just talk about challenges in a general sense. Furthermore, reassure your child that challenges that suggest that terrible things will happen if they do not complete the tasks are not real.

The following link will provide you with further information as well as content to help you talk to your child: <https://www.internetmatters.org/connecting-safely-online/advice-for-parents/tackling-the-hard-stuff-on-social-media-to-support-young-people/online-challenges-are-they-harmless/>

TikTok have also produced this resource to help you talk to your child about challenges and the potential risks:

<https://www.tiktok.com/safety/en-eg/online-challenges/>

## Graduate Trainee Teacher Apprentice

**Salary:** up to £28,000 dependent on subject specialism and experience

**Job Type:** Fixed Term

**Location:** Devon

### Description

This is an exciting opportunity to enter the profession and gain significant teaching experience while studying to become a fully qualified teaching professional. The Graduate Trainee Teacher role, in conjunction with the Graduate Teacher Programme and Buckinghamshire University, offers talented and motivated graduates the chance to study towards the full range of professional teaching qualifications while gaining significant on the job and classroom experience and earning a competitive salary which reflects your prior academic success. On completion of the apprenticeship, you will hold a PGTA (level 6) or PGCE (level 7) academic teaching qualification, QTS (Qualified Teacher Status) allowing you to practice in the UK and abroad and a teaching apprenticeship as well as having a minimum of 600 hours of teaching experience. Unlike traditional taught routes into teaching, you will be a fully fledged member of the school community from day one, acting as both lead teacher and tutor to students and being involved in all areas of school life.

The closing date for all applications is Friday 10th May 2024. Interviews will take place w/c 19th May 2024

## Second in Department (Science)

**Salary:** MPS/UPS plus TLR 2b

**Job Type:** Permanent Full Time (applications for part time of no less than 0.8FTE would be considered)

**Location:** Devon

### Description

We are seeking to appoint a dynamic, hardworking and knowledgeable Science teacher for the role of Second in Department (Science). This role represents an opportunity for the right person to contribute to the development and strategic direction of the Science Department. Collaborating closely with the Head of Science, the Second in Department will play a pivotal role in supporting curriculum and staff development, ensuring the highest quality of teaching, and moving a strong department forward to become outstanding.

The closing date for all applications is midnight Sunday 14th April 2024. Early application is advised as we may interview early for the right candidate.

## Second in Department (Maths)

**Salary:** MPS/UPS plus TLR 2b

**Job Type:** Permanent Full Time (applications for part time of no less than 0.8FTE would be considered)

**Location:** Devon

### Description

We are seeking to appoint a dynamic, hardworking and knowledgeable Maths teacher for the role of Second in Department (Maths). This role represents an opportunity for the right person to contribute to the development and strategic direction of the Maths Department. Collaborating closely with the Head of Maths, the Second in Department will play a pivotal role in supporting curriculum and staff development, ensuring the highest quality of teaching, and moving a strong department forward to become outstanding.

The closing date for all applications is midnight Sunday 14th April 2024. Early application is advised as we may interview early for the right candidate.

**To find out more and to apply for any of these positions,** please follow this link to our website: <https://www.clystvale.org/vacancies/> and click the blue 'Apply Now' button.

**SPACE**  
YOUTH SERVICES

# Join in Online

**Devon's Online Youth Centre**  
Ages 13 - 19 | On Discord  
Mon | Thur | Fri | 6:30 - 9PM

**ACTIVITIES**  
FUN & GAMES  
TRY SOMETHING NEW  
MAKE FRIENDS

Free On Phone, Tablet or PC  
sign up at  
[spaceyouthservices.org](http://spaceyouthservices.org)

somewhere to go | something to do | someone to talk to

# LEARNING DISABILITIES SATURDAY YOUTH GROUPS

11-17 YEAR OLDS

£80 PER DAY

**EVERY OTHER SATURDAY**  
10AM - 3PM

Creative and Active Wellbeing

- Outdoor Activities
- Sports and Games
- Outdoor Adventure
- Gardening
- Cooking
- Arts and Craft

For more information please contact  
[lifeworkscommunity@lifeworks-uk.org](mailto:lifeworkscommunity@lifeworks-uk.org)  
LIFEWORCS COLLEGE, LESCAZE OFFICES, DARTINGTON, TQ9 6JD

Monday  
29 April  
19:00 -21:00  
FREE

### Helping kids back into school

School refusal is a growing concern. This session looks at why it is occurring and offers supportive ideas to assist parents.

Tuesday  
9 April  
19:00 - 21:00  
£24

### Cannabis Awareness

Still on the increase, are you able to talk to young people about this drug? Get the facts and the confidence to be able to have the conversation.

Thursday  
18 April  
19:00 - 21:00  
£24

### Understanding Addictive Behaviour

Screens, gaming, social media. What is happening to the brain and body and how can we control it.

# Community Noticeboard

Games Relay	<p>Wed 3rd April 11-2pm</p> <p>Wed 10th April 11-2pm</p>	<p>You will gain access to our state of the art gaming studio equipped with high-spec PC's &amp; industry standard software. You will immerse yourself in multiple games across the day at 15-30 min intervals &amp; take the time to evaluate aspects such as design, characters, story-telling, and mechanics.</p>
Music Production	<p>Wed 3rd April 12:30- 2pm</p>	<p>A workshop on Hardware Synthesis. With use of the Roland Aira, Roland Boutique, and Korg LittleBits students will learn what synthesis is and how it is used in music production. Students will explore each hardware, creating rhythmic patterns, drum beats, and more.</p>
Music Performance	<p>Wed 10th April 12:30- 2pm</p>	<p>Songwriting Workshop. Lyric writing, generating ideas using lyric cut-up techniques, students will create by exploring topics and lyric writing apps. Students will also create song accompaniments using acoustic guitar, piano and other instruments. Students will have the chance to record these ideas in the studio.</p>

## FREE WORKSHOPS

- For 13-16 years olds
- Taking place in Plymouth
- Limited Spaces so register ASAP

## OPEN EVENTS

20 April 11am— 2pm and  
25 June 6pm—7.30pm

## EASTER EVENTS

**GAMES RELAY WORKSHOP**  
3rd April 11-2pm

**MUSIC PRODUCTION, SYNTHESIS WORKSHOP**  
3rd April 12:30-2pm

**GAMES RELAY WORKSHOP**  
10th April 11-2pm

**SONGWRITING WORKSHOP**  
10th April 12:30-2pm

TO SECURE A PLACE EMAIL: [tegan.bould@accesstomusic.ac.uk](mailto:tegan.bould@accesstomusic.ac.uk) with:  
Name, Age, Session Attending, emergency contact.

LOCATION: ACC PLYMOUTH, HIGHER LANE, PLYMOUTH, PL1 2AN



To sign up, please email [Tegan.bould@accesstomusic.ac.uk](mailto:Tegan.bould@accesstomusic.ac.uk) with your name, age, session attending, any instruments you would like to bring and an emergency contact number. You can also call their centre to book on 01752 210801.

## Teenage Life Skills Group



We currently have spaces in our Teenage Life Skills Group! This group is open to 11–17-year-olds and runs on alternate Wednesday (6 pm to 8 pm) at our centre in Pinhoe. The group costs usually costs £20 per session, payable monthly. **We are currently promoting the group with 50% discount off current prices - £10.00 per session!** If you would like to register your teenager or would like more information, please email us at [infoswautism@gmail.com](mailto:infoswautism@gmail.com).

**Here's some feedback from a lovely parent whose son recently joined this group:-** *"X really enjoyed it! He was thoroughly relaxed when he came out and said it was good which is high praise from him! He's always enjoyed all of the time he has spend with you guys. It always astounds me just how much of a difference the right environment and some understanding makes! Followed of course by frustration that more places can't get it right!"*

## Supporting Learning at Home

When is Easter?

The date of Easter Sunday varies from year to year. It is celebrated on the first Sunday after the full moon, on or after 21 March.

In 2024 Easter Sunday is on 31 March. The week leading up to Easter is called Holy Week.

To find out why Easter moves, why there are two easter dates and how Easter influenced the calendar that we use today, please follow this link to the BBC website [Easter 2024 - Teaching Resources - BBC Teach](#) .

And, if you click on 'Secondary', you will find Secondary resources for many subjects.



## Clyst Vale Library

Clyst Vale Library is open to the public 3.30 to 5.30pm Monday and Wednesday and 4.00 to 6.00pm Thursday.



## Edulink & contact With the College

Please do not address emails, or replies to Edulink messages, to [Edulink@clystvale.org](mailto:Edulink@clystvale.org). It is an unmonitored mailbox and will not go to anyone. Parents/carers need to reply to Edulink messages via the app, online, or via email, as this will then be directed to the staff member who sent the message to you. Or, please contact the teacher or [admin@clystvale.org](mailto:admin@clystvale.org).

There is also a contact form and details below.

<http://www.clystvale.org/contact-us/>

## Stationery for Sale

Mock/GCSE pencil cases are available from the Library at a cost of £4.50 per pencil case. The clear pencil cases include one pencil, a blue pen, a red pen, one highlighter, a ruler, a compass, a protractor, a rubber and a sharpener.



## Second Hand School Uniform

Thank you for supporting the community and local charity shops. The sale of preloved uniform is proving successful. If you have any items that are no longer needed but still in very good condition, please donate them to one of the local charity shops. Both shops have set aside rails designated for college uniform.

Clyst Caring Friends is located in Broadclyst village and our local Barnardo's shop is in Cranbrook.

Their opening hours are:

Clyst Caring Friends, Broadclyst (01392 467555)

Mondays—closed

Tuesday to Friday—09.30 to 15.30

Saturday—09.30 to 12.00

Sunday—closed

Barnardo's, Cranbrook EX5 7DR (01404 514934)

Monday to Saturday—09.00 to 17.00

Sunday—10.00 to 16.00



Follow our Facebook Page via the link below:  
[Clyst Vale Community College | Facebook](#)

