



NEWSLETTER

No. 778
w/c Mon 23rd January 2023
Week B

“The need of the moment is not one religion, but mutual respect and tolerance of the devotees of the different religions”

- Mahatma Gandhi

Dear Parents and Carers,

Severe Weather and College Closure

Tuesday and Wednesday were pretty icy. However, there was no need to even think about closing the College as the site was safe and all transport bar one bus was running. I am very mindful that we have an unusual catchment area: while big roads from Exeter are almost always clear and gritted, some of our rural areas can be treacherous with snow, ice or flooding. So, it's well worth a reminder that if I decide on a school closure (or part closure to certain year groups), this will be communicated via the College website, DCC school closure website, and local radio. Your child's Insta may not be reliable....The basic rule is that if school transport deliver students in the morning they are contractually obliged to get them home again; please be aware that this is not the case for Stagecoach.

For parents whose children use school transport, don't forget that the following service from Devon School Transport is valuable. Information on route closures can be sent by e-mail alerts; you can sign up on [Route Closures Archive - Schools Information - Education and Families](https://www.devon.gov.uk/Route-Closures-Archive-Schools-Information-Education-and-Families) ([devon.gov.uk](https://www.devon.gov.uk)).

Employability

This week it has been Employability Week! All students in KS3 have been looking at different skills you use in subjects and how they link to jobs as well as exploring the different jobs that subjects can lead onto! At the beginning of the week we had 21 speakers from 12 different employers talking about their industry and their personal career journey. Thank you to all our employers who came in and informed our students about the range of exciting careers that are out there. We had representatives from the National Trust, Waste Management (DCC), South West Water, Software Solves, Little Farmers Childcare, Building Greater Exeter, McQueenie Mulholland, Taste of the West, Reach PLC, Army and Exeter College (Flight industry).

Smartphones

As usual, Santa has delivered the goods produced by his high-tech elves. So, it's timely to remind parents and students that we have a simple smartphone policy. Smartphones are not to be seen from the moment students walk through the school gate until they walk out again (occasionally, a teacher may allow them for learning purposes only). We have a three strike confiscation policy which can lead to extensive or total bans.

Since the start of term we have had a couple of examples of filming incidents which underlines how important our policy is: it is wholly unacceptable to film anyone without consent, even worse in a school when not everyone has photo consent, even worse if staff members are filmed, and even worse if this gets shared on social media. It really doesn't happen very often, so no need to be alarmed, but parents should know that filming and sharing is not only a breach of our smartphone policy, but also very likely to lead to suspension from school.

Industrial Action

You will have seen on the news that the National Education Union (NEU) has voted to take strike action. There have been four strike dates announced – 1st February, 2nd March, and 15th-16th March. In the next few days we will be working out the implications for Clyst Vale, whether we will need to close, remain part-open, or be fully open. The intention is for the College to remain as open as possible, in line with government expectations; however, the issue on a strike day is one of student safety – will there be enough staff members to supervise students in lessons and in general? Clearly, we will do our best to keep you informed as early as we possibly can: the first day of a series of strikes is generally the hardest to predict.

Year 10 and 11 Exams

These are coming up after half-term, Year 10 from 27th February and Year 11 the week after. I mention this now to put it in people's minds! Year 10 will have exams in the range of their GCSE and Level 2 subjects: we hope to publish the timetable next week. Year 11 will have exams only in the core subjects of English, Maths and Science; last year it was in all subjects, but at the time we were doing extra assessments in case there was a covid resurgence and/or exams were cancelled! Subject teachers will be giving revision advice and guidance in the build-up, and Year 11 parents have been contacted about the 12:1 revision programme and information evening on 9th February.

“Fortnightly Focus”

I have mentioned before that we have a new year's resolution to restore the College's expectations to what they were (although for most students these never slipped anyway so it makes little difference). When schools try to “blitz” too many things at once, it never works. So, every fortnight we introduce one or two focus issues for all students and staff. Last fortnight's emphasis on ties, shirts and equipment has gone very well, and will continue; now we are adding punctuality, and hoodies. Or rather, no hoodies or sweatshirts or sweat tops; these haven't been part of College uniform for years, are neither jumpers nor coats, and students can expect to be asked to remove them if worn. If a family has a genuine difficulty, please contact the relevant AtHoS who may be able to help.

Sleep

At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. There are all sorts of physical and mental health problems associated with poor sleep of course, as well as making learning and concentration more difficult. I have been contacted by The Sleep Charity, which offers helpline support. The helpline is open 5 times a week, Sunday, Monday, Tuesday, Thursday evenings 7-9pm, and Wednesday mornings 9-11am. The number is 03303 530 541.

You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>

Meeting with Stagecoach

Earlier this week we held a good meeting with representatives from Stagecoach and Devon School Transport. This cleared up several things. Most importantly, perhaps, at the end of the school day there are now just two double-deckers going into Exeter from the Clyst Vale site. One leaves at 3.30, the second arrives at 3.35. However, the second bus has often been late; going forward, Stagecoach will monitor this and if possible divert an earlier bus to the College. Stagecoach are very aware that young students have been waiting for up to an hour, or walked down to the bus stop, and that this causes concern to parents. Accordingly, we have agreed different and hopefully better lines of communication. Stagecoach have now recruited more drivers, and trained them, both of which had been issues in the autumn. Then, just as things are beginning to get better the roadworks at Venny Bridges started.....

Devon School Transport Consultation

Devon School Transport writes, "We would be grateful if schools could share the information below in any newsletters or emails going out to parents and carers.

Devon County Council is consulting on its arrangements for home-to-school transport. Currently Devon County Council charges £600 per annum (with a £30.00 discount if the full-year cost is paid in full) for concessionary seat passengers and post-16 passengers. This annual charge is a contribution towards the cost of the transport we provide.

We are consulting on increasing these charges to £800 per annum from September 2023.

Full details are available at: www.devon.gov.uk/haveyoursay/consultations/home-to-school-transport-consultation

The changes, if approved, would apply to all new and existing passengers.

Please submit all comments by the closing date of 2 March 2023. A survey for responses is available as part of the Home to School Transport consultation via the weblink above. For alternative ways of responding, please see the weblink above."

Rather a lot of information and reminders this week, but I hope you find them useful ! Finally, Ofsted – I expected the report this week, but it will certainly be published next week.

Best wishes,



Kevin Bawn



STUDENTS OF THE WEEK



RED SCHOOL

7RDF	Scarlett Parris
7RTM	No Permission
8RBAT	-
8RHSP	Lili Tipper
9RSGA	Bethan Burt- Jones
9RZB	No Permission
10RAO	Lily Christopher
10RMAH	Nina Page
11RER	Kian Sanders
11RGG	No Permission

YELLOW SCHOOL

7YBH	-
7YGG	Lillie Bowden
8YMBR	-
8YTZI	Harry Barton
9YPNE	Arsene Vallez
9YSS	Reece Sparkes
10YDST	-
10YSP	-
11YMPR	-
11YNS	-

GREEN SCHOOL

7GLT	Will Saunders
8GCMC	Edward Lilley
8GIM	George Guerin
9GABr	No permission to publish name
9GDH	Lilly Taylor
10GAW	No permission to publish name
10GGT	Lucy Grabham
11GHE	No permission to publish name
11GSW	Lucy Massey

CALENDAR DATES

DATE	EVENT
Thursday 26th January	Y9 Parents Evening
31st January to 1st February	CVCC Production: Little Shop of Horrors
Thursday 2nd February	Y9 Options Evening 4.30-7.00pm (presentation by S Jacobs at 4.30 and repeated at 5.30pm)
Saturday 4th—Sunday 5th February	Ten Tors & DofE Bronze
Thursday 9th February	Y11 Revision Information Evening 6-7.30pm
Monday 13th to Friday 17th February 2023	HALF TERM
24th February	Deadline for Y9 Options choices
Monday 3rd April to Monday 17th April	EASTER HOLIDAY
Monday 1st May	Bank Holiday
Monday 8th May	Additional Bank Holiday—King Charles Coronation
Monday 31st May to Friday 3rd June	HALF TERM
Friday 21st July 2023	LAST DAY OF SUMMER TERM (Note Early finish 2pm)

Do you use Twitter? Then why not follow us @clystvale to find out what's going on in the College community.



Ten Tors & DofE—14th & 15th January

The Ten Tors training continues apace with our second camping weekend recently completed, although we did have to amend the routes slightly for the exceptionally high river levels that weekend. But all the students did very coping with the harsh British weather across the wilds of Dartmoor and the colder than usual temperatures! All the students seemed to enjoy the adventure of wild camping following on from the first camping weekend which was on a campsite, this recent weekend was wild camping out on Dartmoor for that full sense of adventure.

Following the recent court ruling this may well be the last wild camping weekend for the foreseeable future but we're hopeful the Army will arrange something with the landowners to allow the whole adventure of wild camping and Ten Tors/DofE to continue on Dartmoor.

Luckily our next scheduled camping weekend, in early February, is staying indoors in a youth-hostel style place around Princetown which means the students should be both sheltered from the Dartmoor weather as well as staying the right side of the court ruling. Students are currently planning and completing their route cards for this upcoming weekend, which also forms the Bronze Assessed DofE expedition for those 30 students participating in their Bronze Award.

We wish them all well on the next camping weekend and future weekends, in the lead up to the main Ten Tors event weekend which is now 29-30 April, having moved from its usual slot in May due to the King's Coronation.

Chris Eales
Ten Tors & DofE Manager



Ten Tors & DofE—14th & 15th January





Cooking Club

We made some tasty
cheese and chive bread
in our Food Club on
Thursday.

Here are some examples
of our handy work.

Miss Collins





Utilita U15 Girls Cup - Friday 13th January 2023

A valiant performance by the Year 7 & 8 Girls' Football Team which included Sophie Woods, Kate Dearden-Watts, Ameera Choudary, Sophia Blum, Grace Alexander, Sophia Tagg, Zoe Troop, Daisy Hopper and Willow Davies in the Regional Utilita Girls Cup 2nd round, which saw them through to represent Exeter City FC at the tournament, in Bristol. With ten teams through to this competition the teams were split in to two leagues of 5 with the girls up against Bristol City, Forest Green Rovers, Cheltenham Town and Cardiff City.

Straight off the minibus to a tough Bristol game, Exeter's greatest efforts couldn't prevent Bristol's strikers putting away 2 great goals. Exeter 0 Bristol City 2.

The following match was against a strong Forest Green Rovers side that saw Exeter's best performance of the day with some fantastic link up play leading to a brilliant finish from Grace to finish the game 1-0.

Next, the girls faced Cheltenham Town. Exeter dominated the game with majority of possession and lots of shots at the keeper. Unfortunately, a lapse in concentration saw Cheltenham score in the last minute of the game, ending the game with a 1-0 loss.

However, in the final group game Exeter City showed what they were made of, complete with a great goal from Daisy to secure the 1-0 victory. Exeter finished just one point away from reaching the semi-finals; a fantastic achievement for the girls who have done Clyst Vale and Exeter City proud!

The two finalists were both from there group, so they did come up against the winners who progressed through to the Nationals. An excellent and mature performance from the girls. Trainings for girls is on Tuesday lunchtimes will be good to see some new faces.

Thanks , Mr D Stapleton

PE Teacher

GLYST VALE PRESENTS...

**BOOK AND LYRICS BY HOWARD ASHMAN
MUSIC BY ALAN MENKEN**



**BASED ON THE FILM BY ROGER CORMAN,
SCREENPLAY BY CHARLES GRIFFITH**

LITTLE SHOP OF HORRORS

31ST JANUARY -

£12 (Adults)

1ST FEBRUARY

£8 (Student/child)

CYGNET THEATRE, FRJARS GATE, EXETER, EX2 4AZ

**ORIGINALLY PRODUCED BY THE WPA THEATRE KYLE RENICK, PRODUCING DIRECTOR,
ORIGINALLY PRODUCED AT THE ORPHEUM THEATRE, NEW YORK CITY BY THE
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The National Apprenticeship Show

Sandy Park, Exeter

The National Apprenticeship Show – South West is the perfect event for School and College leavers, as well as young adults, to discover more about Apprenticeships across the South West

Want to visit?

The National Apprenticeship Show covers all levels of Apprenticeships, from entry level to higher and degree. This FREE event offers visitors a chance to engage, face-to-face, with some of the regions top Apprenticeship employers and providers.

Opening Dates & Times:

Tuesday 24 January 2023 10:00 – 14:30

Wednesday 25 January 2023 10:00 – 14:00

School/College Groups:

NAS Media offers a travel bursary scheme for students in Years 12, 13 and 11 from Schools and Colleges, you can register you group visit here.

Please be aware that these events are very popular and funding is provided on a first come, first serve basis.

Parents/Carers/Individuals Dedicated Evening Opening:

Tuesday 24 January 2023 15:30 – 18:00





the
national
sleep
helpline

**Does your child
suffer with
sleep issues?**



**Will your child
not sleep in
their own bed?**

WE CAN HELP

03303 530 541
Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am

the
national **sleep**
helpline



**Around 50% of
children will have
a sleep issue at
some point***

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541

Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am

POWERED BY
the **sleep**
charity

IN PARTNERSHIP WITH
**Furniture
Village**



Would you like to have a voice in research?

Want to know more? Come along to a online meeting on February 7th at 4pm and find out about this great opportunity.

We are researchers from health, history, literature, law and geography at the University of Exeter and we would like to learn from young people how you would like to be involved in research and explore ways we can work together on projects that interest you. We are interested in young people's mental health and narratives of wellbeing, environment and health and care experienced young people.

We are looking for 15-20 young people (aged 13-18) to attend up to 6 meetings over the next year, you will be acknowledged for your time. We would like to hold two of these meetings in person at the university (travel expenses will be reimbursed). You do not need to have any research experience to take part in this group, just an interest in research and a willingness to get actively involved.

Quote from one of our members: *"This entire experience is a great opportunity, not only to be able to discuss the things you are passionate about, but also to work alongside a Russell group university. I am really enjoying working within this group"*

I am interested, what do I do?

Talk with your parents/carer and get in touch with Camilla Forbes on: c.a.mchugh@exeter.ac.uk for more information.

Please note that we will need to ask your parent or guardian for consent prior to you joining the group.

LUNCH CLUBS

Day	Club	Time	Where	Changing Room	Teacher
Monday	Film Club – commencing 3 rd October	Lunchtime	HU6		Miss Matthews
Monday	Yr 7/8/9 Tech Club	Lunchtime	DT1		Mr Arthur
Monday	Chess Club	Lunchtime	Library		Mrs Crawford
Monday	Yr 9-13 - Badminton	Lunchtime	Sports Hall	Sports Hall	Mr Powell
Monday	Yr 10-13 - Weights	Lunchtime	Dance Studio	Humanities Block	Mr Pearce
Tuesday	Trailblazers	Lunchtime	HU7		Miss Nash
Tuesday	Ten Tors/DofE – commencing after Hal Term	1.30pm to 2.10pm	MA8		Miss Barratt/Mr Eales
Tuesday	KS4/KS5 Work Experience & Careers Drop In	Lunchtime	Careers Base		Miss Bennett
Tuesday	Yr 10/11 - Lacrosse	Lunchtime	Top Field	Humanities Block	Miss Hall
Tuesday	Yr 7-9 - Girls Football	Lunchtime	Top Field	Humanities Block	Mr Stapleton
Tuesday	Yr 10/11 - Btec Dance	Lunchtime	Dance Studio	Dance Studio	Mrs Elliot
Tuesday	Week B – Yr 7/8/9 - Science Club	Lunchtime	SC4		Dr Odunlade/Mrs Spencer/Mr Ferret
Tuesday	GCSE Art & Photography Catch-Up	Lunchtime	AR2/IT4		Mrs Walton
Wednesday	Week B - LGBTQ+ Group	Lunchtime	HU4		Mr Zimble
Wednesday	Week A – Eco Committee	Lunchtime	HU4		Mr Zimble
Wednesday	Yr 11 Theory Catch Up	Lunchtime	DT3		Mrs Crook
Wednesday	Yr 7/8 - Badminton	Lunchtime	Sports Hall	Sports Hall	Mr Powell/Michael Bothery
Wednesday	Yr 7-9 - Dance	Lunchtime	Dance Studio	Humanities Block	Miss Hall
Wednesday	Yr 8/9 - Netball	Lunchtime	Courts	Humanities Block	Mrs Elliot
Thursday	History Club	Lunchtime	HU7		Miss Nash
Thursday	Yr 7-9 Games Club	1.30pm to 2.00pm	HU6		Miss Jenkins
Thursday	Week A – Yr 10/11 Practical Catch UP	Lunchtime	DT3		Mrs Crook
Thursday	Week B – Yr 1/11 Practical Catch Up	Lunchtime	DT3		Mrs Crook
Thursday	Hooks & Books	Lunchtime	Library		Mrs Crawford
Thursday	Yr 11 – Indoor Football	Lunchtime	Sports Hall	Sports Hall	Mr Stapleton
Thursday	Yr 10/11 – Dance	Lunchtime	Dance Studio	Dance Studio	Mrs Elliot
Thursday	Yr 7-9 – Boys/Girls Rugby	Lunchtime	Field	Humanities Block	Mr Pearce
Thursday	Yu Gi Oh! Club	Lunchtime	SC3		Mr Moxey

Friday	Inter-Tutor	Lunchtime	Various	Various	Mr Stapleton/Miss Hall/Mrs Broomfield/Mr Pearce/Mrs Elliot
Friday	Post 16 – Indoor Football	Lunchtime	Sports Hall	Sports Hall	Mr Powell
Friday	Week B – Yr 9/10 – Science Club	Lunchtime	SC2		Dr Odunlade/Mrs Spencer/Mr Ferret
Friday	Drama Club	Lunchtime	PA1		Miss Ruscoe

Colour Coding – relates to DofE – Physical = Red, Volunteering = Yellow, Skill = Blue

Lunch club info as at 17.1.23



UK Health
Security
Agency

NHS

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

Attendance, Absence and Requests for Absence

Please let the College know of any absence on the first day it occurs.

If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness.

If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy.

Please note, the College may ask you to provide medical proof if a student is absent from College due to illness.

Medical Appointments

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance. The timing of many medical appointments means that often students can attend school first, and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. Therefore, we ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment, if they can.

Thank you for your support in helping your child maximise their attendance and learning.

For Years 7 - 11 Absences

Please ring:

Sharon Leaman (Attendance Officer)

Direct line: 01392 463911

Email: studentabsence@clystvale.org

For Year 12 - 13 Absences

Please ring Sue Voysey—Assistant to Head of Post 16

Direct line: 01392 462697

Email: voyseys@clystvale.org

Copying in Head of Sixth Form: haynesc@clystvale.org

COLLEGE DRESS

Clyst Vale aims to maintain a simple pattern of College dress to promote a clear sense of identity and enable students to come sensibly dressed, at reasonable cost, for a range of learning activities. If a student is improperly dressed, correct uniform will be provided for that day or the student may be sent home to change his/her clothing, at the discretion of the Principal. **If parents are in any doubt about the suitability of an item of uniform they should check with the College before buying it.**

Uniform for all students in Years 7 to 11

- White collared shirt
- School colour tie
- Clyst Vale V-neck jumper with College logo.
- Boys trousers - Banner Slimbridge (Black)/Banner Falmouth (Black).
- Girls trousers - Trutex GTN (2 pocket black)/David Luke DL965 black).
- Skirts - Blue Tartan and knee length
- Trutex Senior stitched down/Taylor Tartan (blue) skirt and may be worn no more than 2" above the knee. Knee length black tailored shorts may be worn.
- Black sturdy shoes or **all black** trainers.
- White socks or black tights with skirts.
- Clyst Vale reversible jacket or other outdoor coat.

All uniform and PE Kit can be purchased from Thomas Moore, Exeter. Thomas Moore offers both a personal service in their shop and also the opportunity to order on line at www.thomasmooretoymaster.co.uk

- Eyebrow jewellery, facial, tongue, nose and lip studs are not permitted.
- Leather jackets, all denim garments and all hoodies are not permitted.
- Hats should not be worn indoors.
- Outer coats should be predominantly plain in colour and without large logos.
- A plain white t-shirt or vest may be worn under the shirt.
- On health and safety grounds, shoes should be appropriate for a work place. Flipflops, open toes, Uggs, Dr Martens (or equivalent) are not permitted.
- Jewellery may be worn, providing it is not excessive or potentially hazardous. However, it is a legal requirement that all jewellery must be removed before undertaking sporting activities. It is the responsibility of the wearer to do this.

The Principal, in consultation with the Governors of the College, will decide on the suitability of the appearance of a student attending the College - extreme hair styles, of either cut or colour, are not permitted.

CONTACT INFORMATION

Principal: Kevin Bawn, BA PhD

Address: Clyst Vale Community College, Station Road, Broadclyst, Exeter, Devon
EX5 3AJ

Tel: 01392 461407 **Email:** admin@clystvale.org **Web:** www.clystvale.org

Library: 01392 464010

