



NEWSLETTER

No. 776
w/c Mon 9th January 2023
Week B

**New Year—a new chapter, new verse, or just the same old story?
Ultimately we write it. The choice is ours.**

Dear Parents and Carers,

Happy New Year

On behalf of my colleagues, please accept our very best wishes for a happy new year in 2023. Last year, for all its challenges, is over and we can look ahead. Clearly, “happy new year” means different things to different people, and in a school context one thinks immediately of students in exam years, and those who will be at transition points in September. But we want all of our students to have a happy, safe and successful new year, and whatever the challenges 2023 might throw at us, will do our best to achieve this.

Year 11 Parents’ Evening

Mentioning exam years, just a reminder that the important Parents’ Evening for Year 11 is next Thursday. If you have any queries, please contact grantp@clystvale.org

New Year’s resolutions

It’s that time of the year when many people look backwards over the past year, and forward to the new one. As an organisation, 2022 was a successful year for Clyst Vale, but not perfect. We are concerned that the minority of students who are not “on-side” is growing, and therefore it is time to reaffirm our basic expectations for all students. We will start fairly simply: for the first two weeks, we expect to see students wearing ties properly, shirts tucked in, and being properly equipped for lessons. On the last point, if a family is struggling financially, please let us know in confidence. Students need to be organised and focused: they are coming to school not a youth club, and we appreciate parental support with this. We are also tightening-up (not changing) the 3-stage classroom behaviour approach to ensure greater consistency.

You will receive a separate letter about all this from Mr Sutton, which will go into more detail. I must reassure parents that we will not be introducing a “Ready to Learn” policy or approach; indeed, we will not really be implementing anything new. We will be returning to higher expectations, and ensuring our existing systems work more effectively.

Please keep your child at home if unwell

I expect you'll have seen this in the media in the last few days. It's common sense, really. Flu, covid, Strep A infections are all high, alongside the NHS under great strain, so the UKHSA has given clear advice. Prof Susan Hopkins, the UKHSA chief medical adviser, said: "If your child is unwell and has a fever, they should stay home from school or nursery until they feel better and the fever has resolved." She also stressed the importance of washing hands and catching coughs and sneezes in tissues.

Staff Changes

Starting this term, we welcome the following new colleagues and wish them every success during their time at Clyst Vale:

- o Zoe Beard joins us as part-time Art teacher, covering Claire Wakefield's maternity leave;
- o Lewis Hayne and Katrina Prew both join as Teaching Assistants;
- o Phoebe Earl and Phoebe Woodley join us as Finance Apprentices;
- o And we also welcome back Lucy Southard to the Library after a long period of absence due to serious back problems!

When can we expect the Ofsted report?

My best guess is that it will be published at some point in the week beginning Monday 16th January. All parents and carers will be sent a copy.

What's happening about teacher strikes ?

I'm sorry that I don't have any "inside track" beyond anything you may pick up in the media. The teacher and (unusually) headteacher unions have balloted members on industrial action up to and including strike action, but we do not know the results of the ballots. At present, there are many possible scenarios, and no clear answers to what exactly will happen and when. Please be assured that I will make sure you are kept fully informed.

EduLink and contacting the College: important

Please do not address emails, or replies to EduLink messages, to EduLink@clystvale.org. It is an unmonitored mailbox and will not be picked up or go to anyone. Parents/carers need to reply to EduLink messages via the app, online, or via email, as this will then be directed to the staff member who sent the message to you. Or, please contact the relevant school ATHOS or the teacher. ·

There is also a contact form and details here: <http://www.clystvale.org/contact-us/>

Short week, short Newsletter!

Best wishes,



Kevin Bawn



STUDENTS OF THE WEEK



RED SCHOOL

7RDF	n/a
7RTM	n/a
8RBAT	n/a
8RHSP	n/a
9RSGA	n/a
9RZB	n/a
10RAO	n/a
10RMAH	n/a
11RER	n/a
11RGG	n/a

YELLOW SCHOOL

7YBH	Beatrice Marshall
7YGG	n/a
8YMBR	n/a
8YTZI	n/a
9YPNE	n/a
9YSS	n/a
10YDST	Lenny Bolt
10YSP	Amy Clark
11YMPR	n/a
11YNS	n/a

GREEN SCHOOL

7GLT	n/a
7GLT	n/a
8GCMC	n/a
8GIM	n/a
9GABr	n/a
9GDH	n/a
10GAW	n/a
10GGT	n/a
11GHE	n/a
11GSW	n/a

CALENDAR DATES

DATE	EVENT
Monday 9th January	Fourth Monkey Theatre Company (Y11 Drama & Y12/13 Performing Arts)
Thursday 12th January	Y11 Parents Evening
Saturday 14th—Sunday 15th January	Ten Tors Overnight 2
Monday 13th to Friday 17th February 2023	HALF TERM
Monday 3rd April to Monday 17th April	EASTER HOLIDAY
Friday 21st July 2023	LAST DAY OF SUMMER TERM (Note Early finish 2pm)



RUGBY CLUB

Girls Rugby Club with Exeter Chiefs
Women's Players & Coaches:

Wednesday Lunchtime: 1.30-2.05pm
 Wednesday After-School: 3.30-4.30pm

Y10/11 Boys Rosslyn Park 7's Training:
 Wednesday After-School: 3.30-4.30pm






Do you use Twitter? Then why not follow us @clystvle to find out what's going on in the College community.



Broadband set up

Have you set up appropriate settings on your broadband/Wi-Fi? Most broadband providers include parental controls for free as part of their broadband package, which means that any device that connects to your Wi-Fi will be protected by any controls you set up. Find out how to set yours up here:

Sky:

<https://www.sky.com/help/diagnostics/sky-broadband-buddy/sky-broadband-buddy>

BT:

<https://www.bt.com/help/security/how-to-keep-your-family-safe-online-with-bt-parental-controls-an>

Talk Talk:

<https://community.talktalk.co.uk/t5/Keeping-your-Family-Safe/bd-p/kfshub>

Virgin:

<https://www.virginmedia.com/broadband/parental-control>

Remember, children may have devices that use mobile data, so they won't always be connected to your wireless. Ensure you set up parental controls on these devices too.

Further information:

<https://saferinternet.org.uk/guide-and-resource/parental-controls-offered-by-your-home-internet-provider>

Test Your Internet Filter

SWGfL have created a tool to test your filtering to give you an indication that your broadband is blocking certain categories. Access it here: <http://testfiltering.com/>

Video Chatting

Does your child use a web cam or a device to video chat?

Video calls are a very popular way in which people connect with each other, this could be using Facetime on an iPhone, video calling in WhatsApp or perhaps livestreaming on social media as an example.

You should talk to your child about who they chat with and what they are sharing when they do. As with all apps and websites that your child accesses, make sure they know how to use any reporting tools and they know how to block other users if necessary.

It is important that your child is aware that what they say and do whilst video chatting can be recorded and shared later without their knowledge.

Childnet have written this blog to help you learn more about video chat and webcams. It also contains tips on how to manage risks whilst online:

<https://www.childnet.com/help-and-advice/video-chat-and-webcams-parents/>



Mastodon

Mastodon is rated 17+ by the App store and Google Play. It is a social network that has gained popularity recently. It has limited parental controls so we would recommend finding out more about this platform. Internet Matters have produced this article: <https://www.internetmatters.org/hub/news-blogs/what-is-mastodon-social-media/>



WhatsApp

You must be at least 16 years old to register for and use WhatsApp. WhatsApp is a free messaging app that allows you to send messages, voice notes, photos and videos.

What are the features of WhatsApp?

Group chats: One of the key features is the group chat function. Everybody in the group, even if they are not one of your child's phone contacts, will be able to see all messages within that group. *If your child is added to a group with someone that they have previously blocked, that person can still see their messages and send them messages within the group.*

In settings, you can change who can add your child to groups, for example, you can change it to 'my contacts', which means that only those in your child's contacts can add them to a group. You can leave a group chat at any point so talk to your child and encourage them to leave any chat that makes them feel uncomfortable. You can leave groups silently (only the admin will be notified).

Location sharing: you can share your location on WhatsApp. Talk to your child about when this would be appropriate to use but also the potential danger of sharing their location, for example with strangers.

Blocking/Reporting: Show your child how to block and report.

Online Bullying: WhatsApp has been used in instances of online bullying, e.g. to send nasty messages or share images of other children without their permission. It is important to have regular chats with your child about their online life and that they understand that they must talk to you or another trusted adult if they are being bullied. This is a helpful article from Family Lives, which talks about what to do if you are being bullied:
<https://www.familylives.org.uk/advice/bullying/cyberbullying/what-to-do-if-you-re-being-bullied-on-a-social-network>

Disappearing messages: With disappearing messages, you can control how long a message can be seen for before it is deleted – 24 hours, 7 days or 90 days (once set, this will only work for new messages).

View once messages: when sending a photo or video, you can set it so it can only be viewed once by respondents. Screenshots are also blocked when using this function.

Choose who can see your profile pic and when you're online: In settings (privacy), you can choose who can and can't see when you're online and your profile pic. You can choose either Everyone, My Contacts, My Contacts except, and nobody.

Further information

<https://parentzone.org.uk/article/whatsapp>



Whizz – Make new Friends App



Whizz is a social networking platform and is rated for 'Teens' on the Google Play store and as 12+ on the App store. It is free to download but does have in-app purchases ranging from £0.89 to £44.99.

Users swipe through the app to find people who are currently online and who they would like to chat with. **Users will be chatting with strangers, which can present risks.** Internet Matters have produced advice around chatting with strangers here:

<https://www.internetmatters.org/connecting-safely-online/advice-for-parents/tackling-the-hard-stuff-on-social-media-to-support-young-people/chatting-to-strangers-online/>

Is YouTube safe?

The NSPCC have produced this article discussing the risks associated with using YouTube and the safety settings and features that are available depending on how old your child is and what they do on YouTube. You can access the article here:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/how-to-keep-your-child-safe-on-youtube/>

TikTok refresh

Parent Zone have worked with TikTok to produce a series about safety when using TikTok. You can find out more here:

<https://parentzone.org.uk/article/tiktok>

LUNCH CLUBS

Day	Club	Time	Where	Changing Room	Teacher
Monday	Film Club – commencing 3 rd October	Lunchtime	HU6		Miss Matthews
Monday	Yr 7/8/9 Tech Club	Lunchtime	DT1		Mr Arthur
Monday	Chess Club	Lunchtime	Library		Mrs Crawford
Monday	Yr 9-13 - Badminton	Lunchtime	Sports Hall	Sports Hall	Mr Powell
Monday	Yr 10-13 - Weights	Lunchtime	Dance Studio	Humanities Block	Mr Pearce
Tuesday	Trailblazers	Lunchtime	HU7		Miss Nash
Tuesday	Ten Tors/DofE – commencing after Hal Term	1.30pm to 2.10pm	MA8		Miss Barratt/Mr Eales
Tuesday	KS4/KS5 Work Experience & Careers Drop In	Lunchtime	Careers Base		Miss Bennett
Tuesday	Yr 10/11 - Lacrosse	Lunchtime	Top Field	Humanities Block	Miss Hall
Tuesday	Yr 7-9 - Girls Football	Lunchtime	Top Field	Humanities Block	Mr Stapleton
Tuesday	Yr 10/11 - Btec Dance	Lunchtime	Dance Studio	Dance Studio	Mrs Elliot
Tuesday	Week B – Yr 7/8/9 - Science Club	Lunchtime	SC4		Dr Odunlade/Mrs Spencer/Mr Ferret
Tuesday	GCSE Art & Photography Catch-Up	Lunchtime	AR2/IT4		Mrs Walton
Wednesday	Week B - LGBTQ+ Group	Lunchtime	HU4		Mr Zimble
Wednesday	Week A – Eco Committee	Lunchtime	HU4		Mr Zimble
Wednesday	Yr 11 Theory Catch Up	Lunchtime	DT3		Mrs Crook
Wednesday	Yr 7/8 - Badminton	Lunchtime	Sports Hall	Sports Hall	Mr Powell/Michael Rothery
Wednesday	Yr 7-9 - Dance	Lunchtime	Dance Studio	Humanities Block	Miss Hall
Wednesday	Yr 8/9 - Netball	Lunchtime	Courts	Humanities Block	Mrs Elliot
Thursday	History Club	Lunchtime	HU7		Miss Nash
Thursday	Yr 7-9 Games Club	1.30pm to 2.00pm	HU6		Miss Jenkins
Thursday	Week A – Yr 10/11 Practical Catch Up	Lunchtime	DT3		Mrs Crook
Thursday	Week B – Yr 1/11 Practical Catch Up	Lunchtime	DT3		Mrs Crook
Thursday	Hooks & Books	Lunchtime	Library		Mrs Crawford
Thursday	Yr 11 – Indoor Football	Lunchtime	Sports Hall	Sports Hall	Mr Stapleton
Thursday	Yr 10/11 – Dance	Lunchtime	Dance Studio	Dance Studio	Mrs Elliot
Thursday	Yr 7-9 – Boys/Girls Rugby	Lunchtime	Field	Humanities Block	Mr Pearce
Thursday	Yu Gi Oh! Club	Lunchtime	SC3		Mr Moxey
Friday	Inter-Tutor	Lunchtime	Various	Various	Mr Stapleton/Miss Hall/Mrs Broomfield/Mr Pearce/Mrs Elliot
Friday	Post 16 – Indoor Football	Lunchtime	Sports Hall	Sports Hall	Mr Powell
Friday	Week B – Yr 9/10 – Science Club	Lunchtime	SC2		Dr Odunlade/Mrs Spencer/Mr Ferret
Friday	Drama Club	Lunchtime	PA1		Miss Ruscoe

Colour Coding – relates to DoFE – Physical = Red, Volunteering = Yellow, Skill = Blue



UK Health
Security
Agency

NHS

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

Attendance, Absence and Requests for Absence

Please let the College know of any absence on the first day it occurs.

If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness.

If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy.

Please note, the College may ask you to provide medical proof if a student is absent from College due to illness.

Medical Appointments

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance. The timing of many medical appointments means that often students can attend school first, and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. Therefore, we ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment, if they can.

Thank you for your support in helping your child maximise their attendance and learning.

For Years 7 - 11 Absences

Please ring:

Sharon Leaman/Racheal Long (Attendance Officers)

Direct line: 01392 463911

Email: studentabsence@clystvale.org

For Year 12 - 13 Absences

Please ring Sue Voysey—Assistant to Head of Post 16

Direct line: 01392 462697

Email: voyseys@clystvale.org

Copying in Head of Sixth Form: haynesc@clystvale.org

COLLEGE DRESS

Clyst Vale aims to maintain a simple pattern of College dress to promote a clear sense of identity and enable students to come sensibly dressed, at reasonable cost, for a range of learning activities. If a student is improperly dressed, correct uniform will be provided for that day or the student may be sent home to change his/her clothing, at the discretion of the Principal. **If parents are in any doubt about the suitability of an item of uniform they should check with the College before buying it.**

Uniform for all students in Years 7 to 11

- White collared shirt
- School colour tie
- Clyst Vale V-neck jumper with College logo.
- Boys trousers - Banner Slimbridge (Black)/Banner Falmouth (Black).
- Girls trousers - Trutex GTN (2 pocket black)/David Luke DL965 black).
- Skirts - Blue Tartan and knee length
- Trutex Senior stitched down/Taylor Tartan (blue) skirt and may be worn no more than 2" above the knee. Knee length black tailored shorts may be worn.
- Black sturdy shoes or **all black** trainers.
- White socks or black tights with skirts.
- Clyst Vale reversible jacket or other outdoor coat.

All uniform and PE Kit can be purchased from Thomas Moore, Exeter. Thomas Moore offers both a personal service in their shop and also the opportunity to order on line at www.thomasmooretoymaster.co.uk

- Eyebrow jewellery, facial, tongue, nose and lip studs are not permitted.
- Leather jackets, all denim garments and all hoodies are not permitted.
- Hats should not be worn indoors.
- Outer coats should be predominantly plain in colour and without large logos.
- A plain white t-shirt or vest may be worn under the shirt.
- On health and safety grounds, shoes should be appropriate for a work place. Flipflops, open toes, Uggs, Dr Martens (or equivalent) are not permitted.
- Jewellery may be worn, providing it is not excessive or potentially hazardous. However, it is a legal requirement that all jewellery must be removed before undertaking sporting activities. It is the responsibility of the wearer to do this.

The Principal, in consultation with the Governors of the College, will decide on the suitability of the appearance of a student attending the College - extreme hair styles, of either cut or colour, are not permitted.

CONTACT INFORMATION

Principal: Kevin Bawn, BA PhD

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EX5 3AJ

Tel: 01392 461407 **Email:** admin@clystvale.org **Web:** www.clystvale.org

Library: 01392 464010

