



NEWSLETTER

No.806
w/c Mon 6th Nov 2023
WEEK A

**“The past is behind, learn from it. The future is ahead, prepare for it.
The present is here, live it.”**

- Thomas S. Monson

Dear Parents and Carers

Not to be missed ! Our Post-16 Open Evening is on Thursday 9th November starting at 6.00 pm, with a presentation by Miss Haynes (Head of Sixth Form) at 6.00pm and 7.00pm.

There's nothing like a nice, calm first week after a break, and this week has been nothing like a nice, calm week ! The secondary school age group like routines despite what they say, but it's been a combination of clocks going back, different getting-up time, horrible weather and a school closure day.... Fortunately, the vast majority of students cope very well, and thank you too for your part in getting things back to normal, especially after yesterday's break in service

Storm Ciaran: better safe than sorry

Mentioning yesterday, I drove in this morning and it didn't look like there had been a storm at all, apart from one branch and a few puddles. However, hindsight is a wonderful thing, and with the forecast on Wednesday night, media coverage, Devon's statement, our semi-rural area I made the decision to close. I often refer to "safe, happy and successful", and safety comes first. But thank you for your understanding, turning around domestic arrangements overnight, putting up with remote learning, and for keeping things as normal as possible.

Coming Up This Half-Term: Dates for Diaries

Post-16 Open Evening. Thursday 9th November. I might have mentioned this already...

Grimm Tales. Wednesday 15th November. A one evening only drama performance at the Barnfield in which various groups of students perform a variety of pieces based on the fairy tales of the Brothers Grimm. I'm looking forward to this

GCSE Presentation Evening. Thursday 23rd November. The invitations have gone out to students in last year's Year 11, the Class of 2023 ! Students will receive their GCSE Certificates, and there will be additional recognition in each subject for the top achieving student and the student making most progress, as well as an overall award.

Christmas Concert. 5th December, St John the Baptist Church, Broadclyst.

Parent Governors Vacancies

A "heads-up" that we will be shortly sending out communications about this; we seek nominations and there will be an election process. Becoming a Parent Governor offers you the opportunity to make a real contribution to the life and work of our academy. Governors play a key role in the leadership of the academy and work together with the Principal, staff and other governors to ensure that Clyst Vale provides a challenging and supportive environment for its students. And there'll be a new Principal in January, so don't be put off at the thought of working with me!



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Sixth Form News

The focus is very much on next week's Open Evening. Our Sixth Form is unique, bespoke, brilliant, but it's a bit of a hidden jewel. A bit like Clyst Vale itself. If your child is in Year 11, please come along; we welcome interest and applications from students attending other schools, so please invite your neighbours as well.

Our A-level Geographers were lucky with the weather: their fieldwork visit to Slapton was on Wednesday, just avoiding Storm Ciaran.

MADE training are coming in soon for two hour sessions with Year 12 about the transition to A-level study and expectations; and with Year 13 about exam technique.

Great fun this week with a Halloween Costume Competition in aid of the Teenage Cancer Trust. I am reliably informed that the Banana was both fantastic and hilarious, although was just pipped by the Inflatable Dinosaur as the eventual winner. Only at Clyst Vale....

News of Former Students

You might already have seen on the Performing Arts Facebook page that Tom Palmer has graduated from the London College of Music with a first class degree in Actor Musicianship; twin brother Robbie also gained a first class degree from Bournemouth University in TV Production. It was clearly an excellent year, because Amelia Hopkinson also achieved a first, in Journalism from Derby University. Really well done to all of them ! (Although I'm feeling old – I remember Tom and Amelia starring in a CVCC production of 39 Steps, one of my all-time best school memories, which must have been 7 years ago...)

On-Line Safety Newsletter

You'll see later on in the Newsletter the latest edition of the monthly on-line safety newsletter which we are pleased to send out. Well worth a read !

Best wishes,



Kevin Bawn



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STUDENTS OF THE WEEK



RED SCHOOL

7RER	No Permission to Name
7RGG	Freddie Tweedie
8RDFE	Rosie Pulman
8RTMA	Evie Isaacs
9RBAT	No Permission to Name
9RNS	Ollie Westaway
10RZB	Jullia Zambonini
10RSGA	Alfie Smith
11RMA H	Amber O'Neill
11RCMO	Millie Mills

YELLOW SCHOOL

7YCBO	Emily Commander
7YCFL	No Permission to Name
8YGGA	Maxwell Powe
8YBHA	Zara Adlem
9YMBR	
9YSWA	Daisy Andrew
10YSS	Jasmine Harris
10YADA	Alisa Adlem
11YDST	Harry Crees
11YEHA	Lily Payne

GREEN SCHOOL

7GRTU	No Permission to Name
7GHE	No Permission to Name
8GMNA	No Permission to Name
8GLT	
9GCMC	Leo Bradley
9GDJ	Emily Gill
10GABR	Holly Walsh
10GDH	Eloise Hughes
11GAWO	No Permission to Name
11GGT	Heidi Morcrette

CALENDAR DATES

DATE	EVENT
Thursday 9th November	Post 16 Open Evening
Saturday 11th November	Ten Tors Day Training Walk 2
Thursday 23rd November	GCSE Celebration Evening 1830-2030
Week Commencing Monday 27th November	Y11 Mock Exams
Saturday 2nd/Sunday 3rd December	Ten Tors Weekend Camp 1
Tuesday 5th December	Christmas Concert Broadclyst Church
Wednesday 6th December	Y12 Geography Trip—Plymouth Urban Regeneration
Thursday 7th December	Flu Immunisations & Y13 Parents Evening 4.30-6.30pm
Wednesday 14th December	Shepton Mallett Trip



COOL
FOOD NOT
School
FOOD



The Clever Chefs autumn menu is available on our website via the link below:

<https://www.clystvale.org/wp-content/uploads/2022/03/CleverChefs-Menu-Autumn-Term-2023.pdf>



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Year 7 Halloween Pumpkin competition

**Congratulations to Tiana Tonkin 7YCBO for her winning entry into the
Year 7 Halloween Pumpkin competition**

**Well done to everyone who entered - there were some fantastic scary
creations!**





POST 16
AT CVCC

Clyst Vale
COMMUNITY COLLEGE
A Science, Maths and Computing Academy

BE CHALLENGED, BE INSPIRED, BE SUPPORTED

Clyst Vale Community College Post 16 Open Evening

Thursday 9 November 6pm – 8pm

We extend a very warm welcome to prospective students and parents on Thursday 9 November 2023. Presentations will take place at 6.00pm and 7:00pm with our subject staff available throughout the evening.

Clyst Vale Community College, Station Road, Broadclyst, Exeter, EX5 3AJ
www.clystvale.org Tel: 01392 462697 Email: admin@clystvale.org



*Clyst Vale Community College
presents...*

...An eclectic mix of short plays.

Our students, from years 7-13, are thrilled to be staging a diverse array of theatrical genres, from the reality of verbatim theatre to the retelling of some classic fairy tales.

Clyst Vale Community College are returning to the Barnfield Theatre to present an eclectic mix of short plays.

Our students, from years 7-13, are thrilled to be staging a diverse array of theatrical genres, from the reality of verbatim theatre to the retelling of some classic fairy tales. After a day of hard work, adrenalin and excitement at teaching and dress rehearsing the short pieces the students will be bursting to perform to their audience.

We hope you can join us for the climax of what will be an exhilarating and memorable day!

Wednesday 15th November at 7pm

Tickets adults £10 child £7.50 available from

Exeter Northcott Theatre (01392 726363)

Online Safety Newsletter

November 2023

Staying safe on a PlayStation

Internet Matters have teamed up with Sony Interactive Entertainment to create a quiz that you can play with your child to see who knows more about the safety options available on a PlayStation. Play the quiz here:

<https://www.internetmatters.org/press-start-for-playstation-safety/>

Talking to your child about sexting

It is important that we talk to our children about the risks of sexting. We understand that it can be difficult to start these conversations though. 'Children 1st' have an area on their website offering advice on talking to your child about sexting and ideas on how to start a conversation:

<https://www.children1st.org.uk/help-for-families/parentline-scotland/guidance-advice/sexting>

Amaze have also created a useful video – 'Sexting: What Should You Do?' which is worth a watch:

<https://www.youtube.com/watch?v=RWxAimnKupE>

Roblox

Roblox is a platform consisting of a collection of games. Players can either create games or play games that other users have created. It is free to download (however subscription options and in game/app purchases are available) and can be played across numerous devices. **A lot of the content is user generated, which may mean not all games will be suitable for your child to view/play. It is important to set up appropriate parental controls for your child.**



What rating is Roblox?

PEGI rate Roblox with a Parental Guidance label, this is because it is difficult to rate due to the huge level of user generated content. It is rated for 'Teens' on Google Play and 12+ on the App store.

What should I be aware of?

Chat Facility - Players can chat to each other on Roblox. You can turn communication off completely or add restrictions, such as only communicate with friends.

Virtual Currency - Players can buy Robux (their virtual currency) to buy in-game upgrades or accessories. For children under 13, you can set the Monthly Spend Restriction in settings.

Game content – as mentioned, users create games so sometimes the content/themes may not be appropriate for your child.

How do I report abuse and block users?

Roblox have a Report Abuse system so show your child how to use it to report inappropriate content as well as how to block other users. There are different ways of doing this depending on the device being used.

How do I set up parental controls and a pin?

Parental controls are available within settings. We recommend that you explore the parental controls available and set as appropriate. You can enable a PIN, which means that changes cannot be made without this pin. You can set up Allowed Experiences, which allows you to select age-appropriate experiences, so your child can only join experiences that match their age. Age categories available are for all, 9+, 13+ and 17+. All experiences are still searchable though.

To view content that is suitable for 17+, then a user must participate in a verification process by submitting valid ID.

Further information:

- <https://corp.roblox.com/parents/>
- <https://swgfl.org.uk/resources/checklists/roblox/>

Users of this guide do so at their own discretion. No liability is entered into.
Current as of the date released 1.11.23.

TikTok

You must be over 13 years of age to use TikTok.

TikTok is a social media platform for sharing and watching short video clips. Some of the videos on TikTok may not be appropriate for your child to view and there is also the risk of strangers contacting your child. If your child is using TikTok then make sure the appropriate security/privacy settings are on.



Account set up

By default, accounts for people under 16 are set to private at the start and we would recommend keeping it as this. This means your child must approve follower requests. You can read more about the other settings available (such as switching off comments and switching on restricted mode) here: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings>

As always, it is important that when setting up an account on TikTok, your child enters their real date of birth as accounts are tailored by age. For example, Direct Messaging is disabled for accounts aged 13-15 and they do not receive push notifications from 9pm. In addition, advertisements are tailored to the user's age.

Family Pairing

This allows you to link your own account to your child's account. You can then set controls such as restricted mode (limit the appearance of content that may not be appropriate) and screen time management. You can find out more here: <https://www.tiktok.com/safety/en/guardians-guide/>

Inappropriate content, themes and challenges on TikTok

Whilst against TikTok's guidelines, explicit and inappropriate content can be found on this platform, for example nudity/sexual content and hate speech. We often see viral challenges on social media, some of which can be dangerous. If your child is using TikTok, chat to them regularly about what they are viewing.

Blocking and Reporting

Ensure your child knows how to use the safety features available to them, including how to report comments, direct messages and another user. You can find out more here: <https://support.tiktok.com/en/safety-hc/report-a-problem>

Further information

- <https://parentzone.org.uk/article/tiktok>

WhatsApp's editing feature

You must be at least 16 years old to use WhatsApp.

You may have noticed that WhatsApp have added an editing feature so you can change messages that you have sent for up to 15 minutes afterwards. Childnet have published a blog outlining what you should be aware about with this new feature:

<https://www.childnet.com/blog/find-out-whatsapps-new-features-and-how-it-can-impact-online-safety/>

Sensitive Content Warning on Apple devices

Apple released their new iOS 17 operating system in September. One of the new features includes a "sensitive content warning." You can choose to receive a warning about any photos or videos that might contain nudity before you view them. It also links to related resources and guidance.

If Sensitive Content Warning is activated on your device and the device believes an image/video contains nudity, then your device will blur the image and display a warning so you can choose to view it or not. You can activate this setting in 'Privacy and Security.' You can find out more here:

<https://support.apple.com/en-us/HT213834>

This article also links to further information about "Communication Safety on your child's Apple device." This is available for child accounts signed in with their Apple ID and part of a Family Sharing group.

HEALTH FOR TEENS

TEXT YOUR SCHOOL NURSE FOR

CONFIDENTIAL HEALTH ADVICE AND SUPPORT:

07520 631722

OR SCAN THE QR CODE FOR MORE INFO:



GET HELP WITH ALL KINDS OF THINGS LIKE...

HEALTHY EATING RELATIONSHIPS SMOKING

EMOTIONAL HEALTH BULLYING SELF HARM

ALCOHOL & DRUGS ANXIETY SLEEP PUBERTY

//////
WWW.HEALTHFORTEENS.CO.UK/DEVON



SEE VIDEOS, FIND HEALTH INFORMATION, TAKE QUIZZES,

AND FIND OUT THE TRUTH BEHIND THE RUMOURS

FIND US ON INSTAGRAM: @health_forteens #HealthforTeens

Disclaimer: We may need to inform someone if we are concerned about your safety but we would usually speak to you first. Your messages are stored securely and can only be accessed by other authorised health care professionals who follow the same strict confidentiality rules. We aim to reply to your message within one working day and you should get an immediate message back from us to confirm we have received your text. If you need help before you hear back from us, please contact your GP, nearest walk-in centre or dial 111. In an emergency please dial 999. Unfortunately, our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only which does not include messages sent from landlines, international mobile numbers and some number masking mobile apps. To opt-out of receiving messages from a healthcare professional, please text STOP to our number. Messages are charged at your usual rates.

Reading Recommendations Newsletter

Welcome to our new half-termly reading newsletter. In each edition, we will recommend books from a variety of styles and genres, to inspire readers across all year groups.



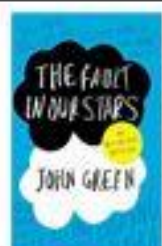
Yr. 7

When 11-year-old April joins a group of kids living at Winterborne Home she doesn't expect to be there for very long. But she soon learns that this home isn't like any of the others - especially when she unearths the secret of the missing-and-presumed-dead billionaire, Gabriel Winterborne, who is neither missing nor dead but is actually living in a basement lair, sharpening his swords, and looking for vengeance.



Yr. 8

Twelve-year-old Matthew is trapped in his bedroom by crippling OCD, spending most of his time staring out of his window as the inhabitants of Chestnut Close go about their business. Until the day he is the last person to see his next-door neighbour's toddler, Teddy, before he goes missing. Matthew must turn detective and unravel the mystery of Teddy's disappearance - with the help of a brilliant cast of supporting characters. Page-turning, heart-breaking, but ultimately life-affirming, this story is perfect for fans of *The Curious Incident of the Dog in the Night-time* and *Wonder*. It is a book that will make you laugh and cry.



Yr. 9

Hazel Grace Lancaster is a seventeen-year-old living with cancer. At the request of her mother, who believes she is depressed, Hazel attends a cancer support group in the basement of a church. Hazel does not like the support group but goes to make her mother happy. One day upon arriving at the support group, however, Hazel is delighted to see a handsome new boy in attendance. During the discussion, the attendees introduce themselves, and Hazel learns the boy's name is Augustus Waters. Augustus has lost one of his legs to a form of cancer called osteosarcoma, but his cancer is now in remission. He is there to support his friend, Isaac who has lost an eye to a rare form of eye cancer and now must get the other eye removed.

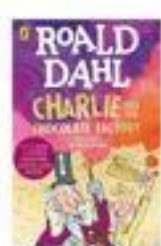


Yr.10&11

The case is closed. Five years ago, schoolgirl Andie Bell was murdered by Sal Singh. The police know he did it. Everyone in town knows he did it.

But having grown up in the same small town that was consumed by the murder, Pippa Fitz-Amobi isn't so sure. When she chooses the case as the topic for her final year project, she starts to uncover secrets that someone in town desperately wants to stay hidden. And if the real killer is still out there, how far will they go to keep Pip from the truth?

This half-term, 7B4 have been enjoying:



Our summaries are taken from the Goodreads website: www.goodreads.com



November 2023

Newsletter

LET'S FACE SOME ISSUES!

Tuesday
21st Nov

18:30 - 19:30

FREE



FREE SESSION

Decreasing Depression

A range of steps that can help to reduce the crippling impact of depression

Tuesday
28th Nov

18:30 - 20:30

£24



What is ACT?

Acceptance & Commitment Therapy.
How it can help with anger, anxiety
and neurodiversity

Monday
13th Nov

18:30 - 20:30

£24



Autism: Improving Communication

Small changes in how you communicate,
lead to huge improvements with your
ability to communicate with someone on
the spectrum.

Thursday
23rd Nov

18:30 - 20:30

£24



Supporting a Child with ADHD

Interactive session explaining what ADHD
is and offering a range of interventions
that can make lasting differences.

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk

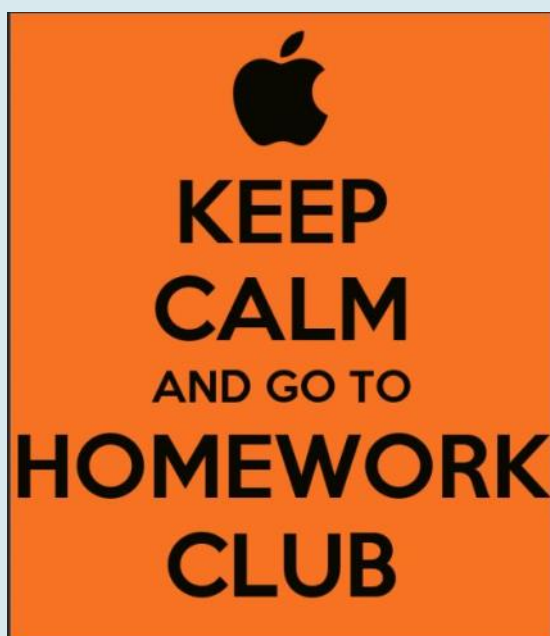
Library



Mock/GCSE pencil cases. Available from September. £4.50 per pencil case. We also sell calculators for £10- although prices may vary. What's included? A clear pencil case, 1 pencil, a blue, black, and red pen. 1 highlighter. 1 ruler, a compass, a protractor, a rubber and a sharpener. **Cash only** unfortunately.

The library does sell stationery all year round.

Homework Club in IT2
Monday to Friday Lunchtime
1.30-2pm
Monday to Thursday After-
school 3.30—4.45pm





Clyst Vale Library is a dual use library located within Clyst Vale Community College. The library is open to the public on Mondays, Wednesdays and Thursdays, and is open to the students at Clyst Vale Community College throughout the week.

The entrance to access the library is through Clyst Vale's main entrance (reception,) then turning right, from there you will see the libraries entrance.

Public opening hours; Monday **3.30 – 5.30pm**, Wednesday **3.30- 5.30pm** and Thursday **4 –6pm**

EduLink and contacting the College

Please do not address emails, or replies to EduLink messages, to EduLink@clystvale.org. It is an unmonitored mailbox and will not go to anyone. Parents/carers need to reply to EduLink messages via the app, online, or via email, as this will then be directed to the staff member who sent the message to you. Or, please contact the teacher or admin@clystvale.org.

There is also a contact form and details here: <http://www.clystvale.org/contact-us/>



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Attendance, Absence and Requests for Absence

Please let the College know of any absence on the first day it occurs. If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness.

If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy.

Please note, the College may ask you to provide medical proof if a student is absent from College due to illness.

Medical Appointments

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance. The timing of many medical appointments means that often students can attend school first, and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. Therefore, we ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment, if they can.

Thank you for your support in helping your child maximise their attendance and learning.

For Years 7 - 11 Absences

Please ring: Sharon Leaman/Cath Prunty (Attendance Officers)

Direct line: 01392 463911

Email: studentabsence@clystvaled.org

For Year 12 - 13 Absences

Please ring Sue Voysey—Assistant to Head of Post 16

Direct line: 01392 462697

Email: voyseys@clystvaled.org and copy in Head of Sixth Form: haynesc@clystvaled.org